

East Ayrshire Car Club

Kames Spring Rally 2025

supported by

Mayfield Garage Services

Final Instructions

Thank you for entering this East Ayrshire Car Club event held at Kames Motorsport Complex.

1. Kames is situated just off the A70 in Muirkirk, East Ayrshire. It is 13 miles west of J12 on the M74 and 10 miles east of Cumnock. The full address is: **Kames Motorsport Complex, Furnace Rd, Muirkirk, East Ayrshire, KA18 3QQ.**
2. To ease congestion, please ensure you comply with the following rules on trailer parking:
 - a. Trailers for all competitors cars must be stored at Muirkirk Motor Services (20 Furnace Rd, Muirkirk, KA18 3RE or [///tenses.curious.emotional](#)) or in adjacent yard during the rally.

3. Authorisation:

Junior Rally Motorsport UK permit	203017	Adult Rally Motorsport UK permit	203016
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4. Event programme:

Scrutineering Saturday 10 th May, 15:00 – 18:00	Kames Motorsport Complex In situ
Dinner Saturday 11 th May, 18:00	Kames Café
Scrutineering Sunday 11 th May, 07:00 – 08:30	Kames Motorsport Complex In situ
Drivers Briefing Sunday 11 th May, 08:30	Kames Motorsport Complex Kames Café
Sound Test Sunday 11 th May, 09:04	Kames Motorsport Complex Prior to MTCA
Event Start Sunday 11 th May, 09:05	Kames Motorsport Complex 1 st car at MTCA
Award Ceremony Sunday 11 th May, asap after results are final	Kames Motorsport Complex Kames Café

5. Please ensure you have your competition licences and club cards uploaded to the event management portal and you have signed on prior to your arrival at Kames.
6. Numbers must be collected from the clubhouse & affixed to car before scrutineering.
7. Scrutineering is available on both Saturday afternoon and Sunday Morning. We encourage the use of the Saturday afternoon session to avoid rushing on Sunday morning.
8. **Dinner** is available in the Kames Café on Saturday evening from 6pm. You can [pre order here.](#)

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9. The use of motor homes and camping is permitted on the grass area above the lower paddock. Shower and toilet facilities are available for all competitors use. Please inform us if you are planning on staying overnight. This is free of charge.
10. Kames Motorsport Complex is beside a residential area. Please respect it as such and be considerate to our neighbours. Ensure all generators are switched off by 10pm.
11. As part of our complex [Noise Management Policy](#), we require you to minimise noise from your vehicle before the competition starts. To manage this we request that engines are run for as little time as possible after you arrive and before 09:00. To minimise cars moving around, scrutineering will be done in situ in your service space and the **sound test will be completed before MTCA**. Should any vehicle fail the sound test at MTCA they will be refused a start and excluded from the event. If a vehicle passes the Motorsport UK test, but the named official assesses that the noise is likely to cause a nuisance when the vehicle is running on the track, the vehicle will not be allowed to use the track.
12. Confirmed officials / team running the event are as follows:

Motorsport UK Steward	Jonathan Lord	Chief Marshal	Chaz Marshman
Event Steward 1	Kevin Hamilton	Chief Scrutineer	Keith Harris
Event Steward 2	Brian Telfer	Chief Medical Officer	Sandy Lochrie
Clerk Of The Course	Gavin Murray	Rescue Unit	Event First Aid & Rescue
Deputy C o C	Michael Riddick	Recovery Unit	Piper 8
Assistant C o C	Sam Henderson	Safety Officer	Russell Fair
Secretary of the Mtg	Russell Fair	Timekeeper	Stan Thorogood
Safeguarding Officer	Chaz Marshman	Results	Raymond Mann
Competitors Liaison	Kirsty Riddick		

13. Times will be available online through the day at <https://www.scotresults.org/> . Awards will be presented as soon as possible after the event.
14. All servicing is to be done on
 - a. the top paddock between the clubhouse and the trailer park, on side overlooking lower paddock only
 - b. bottom paddock and grass areas behind. Some of these areas are not hard standing and you should bring spreader boards for axle stands,
 - c. trailer park.
15. Only one service van and rally car in service area, all other vehicles to be parked in car park. Please note, unless your service crew arrives before 09.00, they will have to pay to access the circuit. Please bring and use a ground sheet and, as you may be servicing on hard grass area, jack boards are recommended.

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16. Refuelling. As Kames Motorsport Complex does not have a suitable separate area for a refuelling zone, you are permitted to refuel in your service area – however there are strict conditions attached to this. See details in the Health & Safety advice below. **For everyone's benefit, it is encouraged that cars come to the event with sufficient fuel to complete the event without refuelling as a minimum.**
17. Competitors are reminded to leave all facilities offered to them at the complex in the condition in which they found them. Please take all your rubbish home. **WASTE OIL MUST NOT BE LEFT AT THE COMPLEX.**
18. All event information will be shared via the sportity App. This can be downloaded from both the Apple store and Google Play Store. The password to allow you access is:



19. **A personal record timecard will be provided which you must download and print and bring with you to the event.** This is in line with East Ayrshire Car Clubs sustainability policy and has been agreed in advance with Motorsport UK.
20. **Route Maps will be provided which you must download and print and bring with you to the event.**
21. Stages 7 – 14 have their entrance and exit through the top paddock gate. After your first run and when returning for your 2nd run, please turn in the bottom paddock to avoid unnecessary congestion in the upper paddock.
22. Amendments to SR:

5. Decals



1. Sponsor Logo Banner – *placed both sides*
2. Black competition numbers on a white background – *placed both sides*
3. High visibility numbers to be placed at the top of rear side windows – *placed both sides*
4. East Ayrshire Car Club official rally plate – *placed on front of car*

If the above isn't possible because of the limitations of your vehicle – please agree an alternative with an event official.

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8. Tyres: A tyre nomination form will be included in your pack. This must be filled out and be available for inspection in the competing car at any time.

10. Awards: In addition to the overall awards, class awards will be made as follows:

Class	1 st in class	2 nd in class	3 rd in class
A	Yes		
B			
C	Yes		
D	Yes	Yes	
E	Yes		
F	Yes		
J1K	Yes	Yes	Yes

23. We have a commentator at Kames Motorsport Complex who will be telling the spectators what's going on throughout the day. Please complete the commentary form and return it to him so he knows what to say about you.

24. If you have any questions, please contact Russell Fair on russell@eastayrshirecc.co.uk or 07909 997039.

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Supplement to the Kames Motor Sport Complex Safety Manual

Health and Safety Advice to Competitors

Storage and Use of petroleum Spirit

- All petroleum spirit must be stored in containers complying with the relevant British Standard, and away from any source of ignition.
- Containers must be stored in the shade and not in direct sunlight.
- All empty containers must be removed from the complex after the event.
- Petrol is to be used as a fuel only, and not for any other purpose.
- The Chief Marshal or his deputy must be informed of any fuel spillage, to ensure that it is dealt with promptly and in the proper manner.
- Attention is drawn to the Petroleum (Consolidation) Act 1928, and the Petroleum Spirit (Motor Vehicles) Regulations 1929.

Refuelling

As refuelling is being allowed to take place within service bays the following points should be noted:

- **Please arrive with your vehicle fuel tank completely full which will assist with the amount of refuelling needing to take place.**
- A fully leakproof groundsheet should be put in place under the vehicle in service (this is mandatory) to catch any waste/oil/fuel etc going on to the ground when working on the vehicle.
- Please at the end of the event don't just sweep the waste etc on to the surrounding area, bag it and either use the waste bins available or take it home.
- All fuel cans should be kept in the service vehicle when not in use, all service vehicles should carry an environmental spill kit.
- Hand pumps or direct filling is mandatory NO FUNNELS.
- The last part of servicing should be refuelling, and a fire extinguisher should be on standby for use if required.
- No other work on the vehicle should be undertaken when refuelling is taking place.
- The vehicle should be switched off and no crew or service personnel should be inside the vehicle during refuelling.
- Fire resistant overalls/gloves and safety glasses are advised by personnel refuelling.
- Strictly NO Smoking, Naked Flames or using Mobile Phones whilst refuelling is taking place.
- All other Health & Safety precautions should be adhered to in the service area.

Hazardous Substances

- Some vehicle parts, for example brake and clutch linings, may contain asbestos. Competitors and their support crew are encouraged to use non-asbestos substitutes wherever possible. Where asbestos is used, every effort should be made to ensure that asbestos dust does not get into the air.
- Some mineral oils, and other fluids such as brake fluid, may be a contributory cause of skin cancers. In view of this, prolonged contact should be avoided wherever possible. Where contact does occur, any contamination should be washed off immediately. The wearing of contaminated clothing should be avoided.
- Various other substances may cause disease or ill health even after very short exposures. Manufacturers and suppliers are obliged to provide information regarding any potential harmful effects of their products on request, and competitors are encouraged to obtain this information.
- Where any person is at work (e.g. under the employ of the competitor or team, direct or otherwise), the requirements of the Control of substances Hazardous to Health (COSHH) Regulations 1994 must be complied with.

Electrical Safety

- The complex does not have mains electricity available to competitors or their teams.

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- All electrical equipment used by competitors and/or their support crew must be maintained in a safe condition and suitable for outdoor use.
- Extension leads must be flexible and oil resistant. They must not be used in a manner that allows them to become entangled with other vehicles using the complex.
- Electrical equipment must not be used where petroleum spirit or other flammable material is present.
- Where any person is at work (e.g. under the employ of the competitor or team, direct or otherwise), the requirements of the Electricity at Work Regulations 1989 must be complied with.

Fire Precautions

- Smoking is prohibited in the track assembly line, and any other area of the complex where flammable material is present.
- It is recommended that competitors carry a suitable fire extinguisher of a type in accordance with Motorsport UK regulations for their own use in the paddock. All competing vehicles must comply with Motorsport UK regulations regarding fire-extinguishing systems.
- All fires must be reported immediately to the Chief Marshal or his deputy.
- Competitors and their support crew must comply with all instructions from Officials should a general evacuation be required due to fire.

Compressed Gas Equipment

- Air blasts from over-inflated tyres and compressed air equipment can cause serious injury. Tyres should not be inflated above the manufacturer's recommendations.
- All air lines must be in serviceable condition and inspected regularly.
- Any form of horseplay involving compressed air is prohibited, and offenders render themselves liable to exclusion from the event.
- Compressed gas cylinders should be stored in accordance with the relevant working practices.
- Where any person is at work (e.g. under the employ of the competitor or team, direct or otherwise), the requirements of the Transportable Gas Containers Regulations 1989 must be complied with.

Jacks and Axle Stands

- Vehicles should only be raised on jacks that are in good condition and rated to lift the vehicle weight safely.
- Vehicles should be jacked only on level, undamaged areas of the paddock.
- Jacks should be used for lifting the vehicle only. Axle stands must be used to support the weight of a vehicle for longer periods, and where work is required underneath the vehicle.
- Competitors should avoid running vehicle engines when supported by jacks or on axle stands. If this is not possible, adequate safety measure to protect everyone at Kames must be taken.

General Working Practices

- All working areas should be kept clean and tidy. Waste should be removed regularly and placed in the bins provided.
- All spillage must be cleaned up immediately.
- Trailing hoses and wires should not be allowed to create a trip hazard.
- All safety notices must be complied with.
- Any person carrying out work must ensure that safe working practices are adopted at all times, and comply with any relevant statutory provision and/or published guidance.
- Children under the age of 16 are excluded from the complex, unless accompanied and under the direct control of a responsible adult.

Noise

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- Exposure to excessive noise may result in either permanent or temporary hearing loss.
- All persons should avoid exposure to excessive noise where this is avoidable, and wear earplugs/ear defenders to the appropriate British Standard.
- Where any person is at work (e.g. under the employ of the competitor or team, direct or otherwise), the requirements of the Noise at Work Regulations 1989 must be complied with.

Manual Handling of Loads

- Lifting, carrying and propelling loads by bodily force is a major cause of injuries. All competitors and their support crew are encouraged to receive appropriate training in safe manual handling procedures.
- Where any person is at work (e.g. under the employ of the competitor or team, direct or otherwise), the requirements of the Manual Handling of Loads Regulations 1992 must be complied with.

Waste

- No waste other than domestic litter may be left at the venue, which must be placed in the litter bins provided.
- Attention is drawn to the requirements of the Environmental Protection Act 1990.

Vehicle Safety

- Competitors are reminded that there will be two way traffic in the paddock and should drive with due care and attention.

First Aid

- Persons sustaining injury or feeling unwell should seek treatment from a first aider. Seek advice from a marshal.

Water

- A mains supply of drinking water is available in the main Club House. Competitors are advised that all other supplies within the complex are for service purposes only, and are not warranted to be safe for consumption.

Public Safety

- Competitors and their support crew are reminded that they share the complex with the public, and that the public may be in the proximity while a vehicle is undergoing service or repair.
- Competitors are reminded that a 10 mph speed applies to all areas of the complex other than the main circuit. Persistent offenders render themselves liable to exclusion from the event.

Reporting of Accidents and Incidents

- All accidents resulting in injury must be reported immediately to an Official, and recorded in the log maintained by East Ayrshire Car Club for such incidents.

Motorsport UK Regulations

- Competitors and Entrants are reminded of their obligations to comply with the requirements of the Motorsport UK General Regulations and Supplementary Regulations for the event. These notes should be read in conjunction with all other relevant regulations.

Domestic Animals

- Competitors are reminded that, as per Motorsport UK regulations, domestic animals are discouraged when the complex is in use. Where their presence is unavoidable, they must be secured either indoors or in a vehicle at all times when the circuit is being used for either practice or competition.

